

## MZRF 3-Day CRY for A Clean Heart

*Search me, O God, and know my heart: try me, and know my thoughts: and see if there be any wicked way in me, and lead me in the way everlasting*

**(Psalm 139:23-24)**

1. O Lord, thank you for making it possible for me to come humbly unto your throne of grace, to obtain mercy
2. Lord, I thank you for being so gracious and patient with me in spite of my life constantly generating errors
3. O Lord, bring to my knowledge all of my ways that are not pleasing to you, and purge me by the blood of Jesus
4. O Lord, as a sheep of your pasture may I not harden my heart when I hear your voice, as Israel in the wilderness
5. O Lord, one thing I ask from the LORD: that I may be a man or woman after God's own heart or will
6. Holy Spirit, help me to surrender all to you, that you may possess me to set my heart and soul ablaze for my God
7. Lord God, help me, that I may not let this opportunity to pass me by to get my heart purged of all uncleanness
8. O Lord, deliver me from the bible's decry, that every imagination of the thoughts of a man's heart was only evil
9. O Lord, prevent me from defiling myself because of things which proceed out of my mouth from my heart
10. O Lord may my heart never be a dwelling place for the works of the flesh (anger, rage, envy, and jealousy)
11. Lord, give me a pure heart, and take away my stony and rebellious heart, that's never fully inclined to obey you
12. Lord, help me to examine my heart, and see my hidden biases before opening my mouth to criticize anyone
13. Lord may I not become too familiar with you or your servant, that my heart is no longer convicted by your Word
14. Lord God, make my heart pure and innocent; let it be totally set free from hatred and racism, in Jesus name
15. O Lord, grant me the power to take captive every perverse or ungodly thought that strives to rule my heart
16. O Lord, by your mercy and grace, fortify my heart to resist the deceitfulness of worldly pleasures and passions
17. Lord may you always judge and deal with my heart when I'm not genuinely affectioned towards my co-disciples
18. Lord God may I never be found among those that honor you with their lips but their hearts are far from you
19. Lord, help me to set my heart and affection on things above, where Christ is seated on the right hand of God
20. O Lord, use me to kindle an unquenchable desire for revival in the hearts of people of God, in the name of Jesus
21. O Lord, by fire, cast out any unclean spirit within me that's blocking my ability to meditate on your Word, daily
22. O Lord may my heart never be a dwelling place or seat of fear, doubt or unbelief, in the name of Jesus
23. Lord God, my deepest heart desire is to be like you, therefore, teach me how to be meek and lowly in heart
24. O Lord, make it my burden to constantly examine the purity and motives of my heart, in the name of Jesus
25. Lord, let your fire burn to ashes all mischievous thoughts and imaginations within my heart, now, in Jesus name
26. Lord Jesus may my heart never be a dwelling place or seat of disobedience or rebellion against your authority
27. O Lord, let the Old-man in me be cast out; make my New-man to come forth with a regenerated heart and spirit
28. O Lord, locate and destroy any altar that is firing arrows of filthy or ungodly thoughts into my heart

29. Lord, create in me a clean heart, and renew a right spirit within me, that my life may draw men/women unto you
30. O Lord may my heart and emotion always be kept in check, no matter my perception of being wronged
31. Lord, deliver and forgive me from my sometimes-insincere heart and bad attitude in and outside your house
32. Lord God, help me to overcome the tendencies of being insensitive to the needs and feelings of others
33. Lord, forgive me, as I repent for all the silent grumbling and murmuring that goes on in my heart while serving
34. There is neither Greek nor Jew, bond or free, Christ is all, and in all; deliver me from racial and status profiling
35. Lord, open up my heart to have more compassion towards the ungodly and unbelieving of this evil generation
36. O Lord may the words of my mouth and actions always reflect the true state of my heart; be thou my Judge
37. O Lord may my heart never be a dwelling place or seat of pride and arrogance; help me to be meek and humble
38. O Lord, take my heart and conform it to yours, that I may love what you love and despise what you despise
39. O Lord, vengeance is yours; therefore, may I never have any desire to pay no man evil for evil, in Jesus name
40. O Lord, deliver me from the self-centered tendencies of manipulating and exploiting people and situations
41. O Lord, let the words of my mouth, and the meditation of my heart, be acceptable in thy sight, at all times, Lord
42. Lord God, the cry of my heart is for the unquestionable manifestation of the “fruit of the spirit” in my life
43. O Lord, overthrow permanently any worldly or fleshly desire that has enthroned itself above you in my heart
44. O Lord, help me to yield or surrender my heart unto you, that thou may come and dwell there without a rival
45. Lord God, let any lingering root of bitterness and unforgiveness in my heart be destroyed by the fire of God
46. O Lord may my heart never be a dwelling place or seat of false assumptions, suspicions or sneaky motives
47. Lord may my heart not grow callous, but let it be that good ground, that receives your word to bear good fruits
48. O Lord, the choice is mine to forgive, but I need divine help to forgive and release anyone that I am begrudging
49. O Lord, incline and gladden my heart to sow willingly, cheerfully and bountifully into your kingdom
50. Lord, preserve my heart from hardening towards any racial or ethnic group, for all men are created in your image
51. O Lord, shield my heart from every evil arrow of fears, panic-attacks, worries and anxieties, in the name of Jesus
52. Lord, open up my heart, that I may genuinely love people with the love of Christ without any hint of hypocrisy
53. Lord, let the “hidden man of my heart” be obvious to men, as I model a quiet and gentle spirit personality
54. O Lord, transform me fully, that I may become your unquestionable written epistle in the hearts of men
55. O Lord may I never imagine nor devise evil in my heart against anyone, for these are the things that you hate
56. O Lord, establish my heart firmly in your word, as I wait patiently for the coming of the Lord
57. O Lord, purify my heart from double-mindedness, for no man can serve two masters
58. O Lord, by faith dwell in my heart, that you may strengthen my inner man, according to the might of your spirit
59. O Lord may the hardness of my heart not cause me to become comfortable with any of my compromises
60. O Lord may your word dwell richly in my heart, “for out of the abundance of the heart the mouth speaketh”