# **MZRF MONTHLY PRAYER & FASTING**

June 24 – June 28, 2019

### Blessed are the Pure in Heart

...The Lord hath sought him a man after his own heart... And it came to pass, when they were come, that he looked on Eliab, and said, Surely the Lord's anointed is before him. But the Lord said unto Samuel, Look not on his countenance, or on the height of his stature; because I have refused him: for the Lord seeth not as man seeth; for man looketh on the outward appearance, but the Lord looketh on the heart. (1 Samuel 13:14b, 16:6-7)

## **Fasting Days and Times:**

Monday thru Friday 6am - 3pm

## **Assembly Times:**

Mon – Thurs (Prayer-line) 10pm - 11pm

Friday: 7pm – 9pm Sunday: 10am – Noon

# **Examples of David: The Man after God's Own Heart**

#### Read and Reflect:

Day 1: David handles Saul's jealousy with wisdom and humility (I Samuel 18)

Day 2: David spares Saul mercifully in En-gedi (I Samuel 24)

Day 3: David spares Saul again (I Samuel 26)

Day 4: David's makes godly ordinance concerning battles (I Samuel 30)

Day 5: David show's kindness to Mephibosheth (II Samuel 9)

Jeremiah says, "The heart is deceitful above all things, and desperately wicked: who can know it? I the Lord search the heart, I try the reins, even to give every man according to his ways, and according to the fruit of his doings" But the Word also declares, "I have found David the son of Jesse, a man after mine own heart, which shall fulfil all my will". Yes, such was God's description of David the son of Jesse. And when a compliment such as that comes from God's own mouth, we had better sit up and take notice. So, basically the bible is teaching us that though our heart is naturally bent on being vile and wicked, but with God's help and grace, our hearts can be converted for godly acclaims like David. Therefore, this David is a person whose life we can all profit by investigating why would God put such a high affirmation on him? And hopefully our study would lead us to this conviction and question: How can I be a man/woman after God's own heart, like David?

#### **Suggested Prayer Points for God's Own Heart**

- 1. O Lord, I bless you for the grace to embark upon this season of prayer and fasting, in the name of Jesus
- 2. Lord, I thank you for your loving kindness towards me in spite of my unworthiness, in the name of Jesus
- 3. O Lord, have mercy on me. Let your enduring mercy be my portion during this season and beyond
- 4. O my Faithful and Just Father may you forgive my sins and cleanse me of all my unrighteousness, in Jesus name
- 5. O Lord, one thing I ask from the LORD, this is what I seek: that I may be a man/woman after God's own heart
- 6. Spirit of the Living God, enter and possess me now; and set my heart and soul on fire for my God, in Jesus name
- 7. O Lord, let seeking You be my primary ambition or number one goal in life, in the name of Jesus
- 8. Lord God, help me to adore and cherish the simplicity of my devotion to You above all else in life, in Jesus name

- 9. Lord may my love for you never wax cold; may I love you with all of my heart, soul and strength, in Jesus name
- 10. O Lord may my heart never be a dwelling place for works of the flesh (rage, envy, hatred, bitterness or jealousy)
- 11. The instinct of mankind is to avoid concentration on God: O Lord, deliver me from such evil instinct or tendency
- 12. Lord God, help me to see my own imperfections before casting aspersions on my church or co-disciples
- 13. Lord may I not become complacent with your Word or your servant, that my heart is no longer convicted
- 14. Lord God, make my heart pure and innocent; let it be totally set free from false assumptions or suspicions
- 15. O Lord, grant me the power to take captive every perverse or ungodly thought that is trying to rule my heart
- 16. Holy Ghost, by fire quicken my Spirit-man and stir up my heart to resist the deceitfulness of worldly enticements
- 17. Lord may you always judge and condemn my heart when I am not genuinely affectioned to my co-disciples
- 18. Lord God may I never be counted among those that honor you with their lips but their heart is far from you
- 19. Lord, help me to fully set my heart on preparing myself for the judgement that is to come
- 20. O Lord, use me to kindle an unquenchable desire for revival in the hearts of people of God, in the name of Jesus
- 21. O Lord, by fire I cast out any unclean spirit within me that is denying me the ability to meditate on your Word
- 22. O Lord, forgive me for manipulating and taking advantage of people and situations, in the name of Jesus
- 23. Lord God, my deepest heart desire is to learn from you, how to be meek and lowly in heart like you
- 24. O Lord, make it my burden to constantly examine the purity and motives of my heart, in the name of Jesus
- 25. O Lord, let your fire burn to ashes all that is not holy within me now, in the name of Jesus
- 26. Lord Jesus may anything that will defile me not proceed out of my heart, in the name of Jesus
- 27. O Lord, let the Old-man in me die; and cause my regenerated New-man to come forth and be fruitful
- 28. Holy Ghost fire, locate and destroy any power striving to infiltrate my mind with filthy or ungodly thoughts
- 29. Lord, create in me a clean heart, and renew a right spirit within me, that my life may draw men/women unto you
- 30. O Lord may my heart and emotion always be kept in check, no matter my perception of being wronged
- 31. Lord, deliver and forgive me from my sometimes insincere and fake heart within and without the house of God
- 32. Lord God, help me to overcome those times that I've been insensitive to the needs and feelings of others
- 33. Lord, forgive me as I repent for all the silent grumbling and murmuring that goes on in my heart while serving
- 34. There is neither Greek nor Jew, bond or free, Christ is all, and in all; forgive me for racial and class profiling
- 35. Lord, open up my heart to have more compassion towards the ungodly and unbelieving of this evil generation
- 36. O Lord may the words of my mouth and actions always reflect the true state of my heart; be my Judge, Lord
- 37. "My heart is fixed, O God, my heart is fixed:" I will steadfastly abound in the work of the house of the Lord
- 38. "My heart is fixed, O God, my heart is fixed:" I will wait until my change comes; may I not forge ahead of you
- 39. "My heart is fixed, O God, my heart is fixed:" I'll strive to be an epistle read and written in the hearts of brethren
- 40. "My heart is fixed, O God, my heart is fixed:" I will correct my lazy and languid attitude in my prayer-life