

MZRF MONTHLY PRAYER & FASTING

April 29 – May 3, 2019

O Lord, Deliver me from all my Fears

I sought the Lord, and He heard me, and delivered me from all my fears...For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind (Psalms 34:4 & 2 Timothy 1:7)

Fasting Days and Times:

Monday thru Friday 6am – 3pm

Assembly Times:

Mon – Thurs (Church Prayer-line) 10pm -11pm

Friday: 7pm – 10pm

Sunday: 10am – Noon

Examples of the Paralyzing Power of Fear in the Bible

Read and Reflect:

Day 1: Abraham lapse in Gerar (Genesis 20)

Day 2: Jacob became Israel (Genesis 32)

Day 3: Children of Israel at the Red Sea (Exodus 14)

Day 4: The evil report of the spies (Numbers 13)

Day 5: The self-will of King Saul (1 Samuel 13)

Suggested Prayer Points for deliverance from the Spirit of Fear

1. O Lord, I thank you for not giving me “the spirit of fear; but of power and of love and of a sound mind”
2. O Lord, I refuse to fear, for the Lord has not given me the spirit of fear, in the name of Jesus
3. Lord God, uproot and melt away the torment of fear that robs me of my sound mind and peace
4. O Lord may any evil spirit of fear programed into my life to bring indecision and failure be nullified
5. Lord, I command any symptom manifesting in my body because of the spirit fear to scatter now by fire
6. Lord, I refuse to fear because “greater is He that is in me” than the powers tormenting me with fear
7. Lord God, I break any known/unknown evil covenant that has brought fear into my life, in Jesus name
8. Lord, I renounce and reject fear as an enemy from having dominion over my life, in the name of Jesus
9. Lord God may your warring angels locate and destroy any evil altar projecting fear into my life
10. Lord God, today I boldly declare “the Lord is my helper, and I will not fear what man shall do unto me”
11. Yes Lord! Because you live I can confidently face tomorrow, and may all fears be gone permanently
12. Lord, rescue me from any companionship that always fears, sees and speaks doom and gloom

13. Lord may any fear induced oppression or depression manifesting in my life, disappear now by fire
14. Lord, anywhere I go may I never allow evil forces to intimidate me, in the name of Jesus
15. O Lord may the anointing that breaks evil burden and yoke of fear fall upon me today, in Jesus name
16. Lord, by fire and by force, I claim back my faith and confidence that fear has weakened and captured
17. Lord, for this purpose the Son of God was manifested, that he might destroy the works and roots of fear
18. Lord, I cancel every evil dream programmed to weaken and paralyze me with the spirit of fear
19. O Lion of Judah, break every chain and shackle of fear in my physical and dream life, in Jesus name
20. O Lord may any evil attempt to afflict me with the spirit of fear through dreams backfire, in Jesus name
21. O Lord, today I declare, yea! though I walk through the valley of shadow of death, I will fear no evil
22. O Lord may all lingering evil effects of unbelief on my spiritual life melt away now by fire
23. Lord God may the devil induced fears never shape my actions nor decisions, in the name of Jesus
24. O Lord, help me to renew my mind daily or continually that I may harbor no fears in me
25. Lord God, when my faith and fear are at war against each other may my faith always conquer fear
26. Lord may fear never speak louder nor rule over the Word of God in my life, in Jesus name
27. Lord, at the declaration of “peace, be still” may my heart instantly be still and know, You are God
28. O Lord may fear not produce the evil spirit of double-mindedness in my life, in the name of Jesus
29. Lord, by the authority/power in the name of Jesus, I break and scatter the stronghold of fear in my life
30. Lord, when the flood of fears come over me may the “spirit of the Lord lift up a standard against him”
31. Lord may everything that I fear never come upon me and far be it from me, in the name of Jesus.
32. Lord God, I cast away sudden fear and panic-attack manifesting in my life, in the name of Jesus
33. Lord God, quicken the fruit of my lips to nullify every onset of anxieties and fears, in Jesus name
34. “Terror of the night and the arrow that flies by day”, I am not afraid of you; pass me over now
35. O Lord may every territorial spirit that works up anxiety and fear in my neighborhood be paralyzed
36. O Lord deliver me from the spirit of the worst-case scenario syndrome, in the name of Jesus

Fasting without intentional prayers is starvation!!

Pastor Leon, MZRF