

## MZRF MONTHLY PRAYER & FASTING

November 14 – 18, 2016

### O Lord, Purge Me from the Sin of Ingratitude

*And it came to pass, as he went to Jerusalem, that he passed through the midst of Samaria and Galilee. And as he entered into a certain village, there met him ten men that were lepers, which stood afar off: And they lifted up their voices, and said, Jesus, Master, have mercy on us. And when he saw them, he said unto them, Go shew yourselves unto the priests. And it came to pass, that, as they went, they were cleansed. And one of them, when he saw that he was healed, turned back, and with a loud voice glorified God, And fell down on his face at his feet, giving him thanks: and he was a Samaritan. And Jesus answering said, Were there not ten cleansed? but where are the nine? There are not found that returned to give glory to God, save this stranger. And he said unto him, Arise, go thy way: thy faith hath made thee whole.*

**(Luke 17:11-19).**

#### **Fasting Days and Times:**

Monday thru Friday 6am – 3pm

#### **Assembly Times:**

Mon – Thurs (Church Prayer-line) 10pm -11pm

Friday: 7pm – 10pm

### **Examples of the Issues of Ingratitude**

Read and Reflect:

**Day 1:** The Children of Israel rejects God (1 Samuel 8)

**Day 2:** Nabal rebuffs David (I Samuel 25)

**Day 3:** Judah “devise devices” against Jeremiah (Jeremiah 18)

**Day 4:** God warns the children of Israel about Ingratitude (Deuteronomy 8)

**Day 5:** Joash murders his mentor’s son (2 Chronicles 24)

### **Suggested Prayer Points against the Spirit of Ingratitude**

1. Lord God, forgive me for the times that I behaved like the ‘nine lepers’ in Luke 17, in the name of Jesus
2. Lord I confess and repent of my bad attitude of selfishness and inconsideration for you and my brethren
3. Lord God may you deliver me from any hint of ingratitude in me, in the name of Jesus.
4. O Lord I confess, you have been a good God to me but I have been like the Israelites in the wilderness
5. O Lord may you deliver me from the practice of comfort zone Christianity (Christianity without cost, sacrifice and suffering) in the name of Jesus

6. O Lord forgive me for the times that I have spoken inappropriately or critically of my brethren when I should have been humbly grateful for their tiny or great efforts
7. Lord God teach me to be more appreciative of the leadership of our church, in Jesus name
8. Change my heart O Lord and give me a new heart and spirit of gratitude to you and my fellow brethren
9. Lord may self-sufficiency and independence never cause or prevent me from being utterly thankful to you, my Lord and my God
10. You spirit of pride and enemy of gratitude, I reject and cast you out of my life, in the name of Jesus
11. Lord may I never forget the men and women of God that you have used to profit my life spiritually
12. Lord, as I remember how you have used people to bless me, quicken me to be a blessing to others.
13. Lord may praise and thanksgiving to you never depart from the depth of my soul and lips, in Jesus name
14. Lord may out of my belly flow rivers of heartfelt praise and worship songs of gratitude to you O Lord.
15. Lord, whenever I think about your goodness it makes me “wanna shout halleluiah, thank you Jesus”.
16. Lord Jesus, if it had not been the Lord on my side all these years, where would I be. Thank you Jesus
17. Lord God may you restore any ‘bridge that I have burned” in the name of Jesus
18. Lord may you cause those that you have used me in their lives to remember me in their prayers often
19. O Lord may I become more appreciative of my family and church more than ever in the name of Jesus
20. O Lord may I never be the one that starts a quarrel with my co-disciples, in the name of Jesus
21. Lord God may my heart never resent you nor those you have put over me in Jesus name
22. Lord God, help me to stay humble and focus to be able perceive and receive whatever you doing in my life in this season, in the name of Jesus.
23. Lord God may you reveal to me anyone that I have been ungrateful to, underappreciated or taken for granted, in the name of Jesus
24. Lord may I be a changed person – “new creature” (kinder, loving, patient and generous) after this fast in the name of Jesus.
25. Lord from the bottom of my heart, “I say thank you for another opportunity to draw closer and get it right with you” in the name of Jesus

**No juice or coffee while fasting, water only during fasting hours.  
Fasting without intentional prayers is starvation!!**

Pastor Leon, MZRF