

MZRF MONTHLY PRAYER & FASTING

April 23 – 27, 2018

Lord God, enable me to Pause and Pray

And Hezekiah received the letter from the hand of the messengers, and read it: and Hezekiah went up unto the house of the Lord, and spread it before the Lord...And for this cause Hezekiah the king, and the prophet Isiah the son of Amoz, prayed and cried to heaven (Isaiah 37:14 & 2 Chronicles 32:20)

Fasting Days and Times:

Monday thru Friday 6am – 3pm

Assembly Times:

Mon – Thurs (Church Prayer-line) 10pm -11pm

Friday: 7pm – 10pm

Sunday: 9:30am – Noon

Examples of enabled Men Who Paused and Prayed

Read and Reflect:

Day 1: Abraham's eldest servant prays for God to favor (Genesis 24)

Day 2: Jehoshaphat and Ahab's campaign against the Syrians (1 Kings 22:1-40)

Day 3: Sennacherib's defies the God of Hezekiah (2 Chronicles 32:1-23)

Day 4: The persecuted Disciples of Jesus (Acts 4)

Day 5: Jacob wrestled with an Angel (Genesis 32)

Suggested Prayer Points for enablement to Pause and Pray

1. O Lord, I thank you for giving me the ability and privilege to call upon you, in Jesus name
2. Lord, I thank you for your open and general invitation to call upon you at any time, in the name of Jesus
3. Lord God as I ask may I receive; as I seek may I find and as I knock may it be opened unto me
4. O Lord, may my first option always be to pause and pray in all circumstances of my life, in Jesus name
5. Lord God, as I ask you to teach me to pray may I obtain an unquenchable fire to pray more earnestly
6. Lord God may I always have glorious encounters with you daily in my place of prayer, in Jesus name
7. Lord God may my heart and mind always be right and fixed on you during my times of prayer
8. O Lord may you always guide me in your truth to never pray amiss nor pray in vain, in Jesus name
9. Lord God, deliver me from a selfish prayer-life and may I always remember others in my prayers daily
10. Lord God may I never stand before you in self-righteousness and arrogance, in Jesus name
11. Lord God bring me out of the drudgery and rut of prayerlessness, in Jesus name
12. Lord may agony, weakness, heaviness never overwhelm my spirit when it is time for me to pray

13. O Lord, grant me a disciplined prayer life that would inspire the body of Christ, in Jesus name
14. Lord, help me to turn or convert my excuses, murmurings and complaints into prayer, in Jesus name
15. Lord, increase my capacity for your word that I may attain a profitable prayer life through your Word
16. Lord, transform my home from a house of contention and confrontation into a house of prayer
17. Lord may Anna and Elijah be my personal measuring stick for my prayer life, in the name of Jesus
18. Lord God, let my fasting and prayer be a deadly weapon against all evil powers warring against me
19. O Lord may my prayer life cause me to experience seasons of open-heaven, in the name of Jesus
20. O Lord may every attempt of the powers of darkness to hinder the answers to my prayers be defeated
21. Lord God may every evil arrow fired to distract and weaken my prayer life be returned to sender
22. O Lord, help me to kindle a fresh-fire in my prayer “altar that shall ever be burning and never go out”
23. Lord God, help me to learn to withdraw myself from the cares of this world to be alone with you Lord
24. Lord God, I know *the vision is yet for an appointed time*, may I learn to *hope and quietly wait for the salvation of the Lord* after I had prayed, in Jesus name
25. Lord, I receive power from on high to enable me to pray-through my desires or circumstances
26. Lord, empower my prayers to uproot and destroy the roots of anxiety and fear in my life, in Jesus name
27. Lord, forgive me for not fully obeying your command to pray for “one another”, in the name of Jesus
28. Lord, as I pray according to your will may you answer me speedily to increase my confidence and faith
29. Lord, the set time has come for you to arrest and keep me in “the secret place of the Most High”
30. Lord God, may my prayers ascend before you as a sweet-smelling smoke of incense, in Jesus name
31. Holy Spirit of God may you always make intercession for me for I know not how and what to pray
32. Lord God may neither principality nor powers nor persecution prevent me from my set time of prayer
33. O Lord, help me for I am determined to be a disciple of prayer, in the name of Jesus
34. Lord, help me to make it my burden and ministry to pray for my church and pastor fervently daily
35. Lord Jesus, I thank you for having prayed for my soul and keeping me from the evil one, in Jesus name
36. Lord, I thank you in advance for you will “do exceeding abundantly above all that I ask or think...according to your riches and glory” forever and ever, Amen

Fasting without intentional prayers is starvation!!

Pastor Leon, MZRF