

MZRF MONTHLY PRAYER & FASTING

June 26 – June 30, 2017

O Lord, Create in me a Clean Heart

...I sprinkle clean water upon you, and ye shall be clean: from all your filthiness, and from all your idols, will I cleanse you. A new heart also will I give you, and a new spirit will I put within you: and I will take away the stony heart out of your flesh, and I will give you an heart of flesh. And I will put my spirit within you, and cause you to walk in my statutes...For out of the heart proceed evil thoughts, murders, adulteries, fornications, thefts, false witness, blasphemies: These are the things which defile a man. (Ezekiel 36: 25-27 & Matthew 15:16-20)

Fasting Days and Times:

Monday thru Friday 6pm - 3pm

Assembly Times:

Mon – Thurs (Church Prayer-line) 10pm - 11pm

Friday: 7pm –

Sunday: 9:30am – Noon

Examples of Unclean Hearts of Men and Women in the Bible

Read and Reflect:

Day 1: Haman's heart of wicked pride (Esther 3)

Day 2: Absalom's insincere heart (II Samuel 15)

Day 3: Ahaziah inconsiderate heart (II Kings 1)

Day 4: Delilah deceitful heart of love (Judges 16)

Day 5: Potiphar's wife lustful and adulterous heart (Genesis 39)

“Examine the state of your mind to see where you are right now. Many never think about this! They pay no attention to their own hearts, and never know whether or not they are doing well spiritually, whether they are gaining ground or going back, fruitful or lying waste. Shift your attention from everything else and look into this. Make a business of it. Don't be in a hurry. Examine thoroughly the state of your heart and see where you are... Self-examination consists in looking at your life, considering your actions, remembering the past and learning its true character... General examination of sin will never do. Your sins were committed one by one, and as best as you can they should be reviewed and repented of one at a time.”
(Lectures on Revival, by Charles G. Finney)

Suggested Prayer Points for Hearts Cleansing

1. Lord God, I give you the honor and glory for this opportunity again to get my heart right with you
2. O Lord, as desperately sinful my heart is, so desperately do I desire a new heart during this fasting
3. Lord, as I repent for envy, selfishness, pride, and unclean thoughts, cleanse me from their defilement
4. O Lord, I repent for operating a stony and rebellious heart that does not always obey your Word
5. Lord, today, I've made the choice to forgive and release anyone that I am begrudging in my heart
6. Lord, guard my heart from having evil suspicion and false assumption of people, in the name of Jesus

7. Lord, help me to turn my heart away from the slightest hint or urge of worldliness and compromises
8. O Lord, conform my heart to yours, to love what you love and despise what you despise, in Jesus name
9. O Lord, I declare, my heart is a temple worthy of You alone; come and dwell there without a rival
10. Lord, free and gladden my heart to give willingly, cheerfully and bountifully, in the name of Jesus
11. Lord God, preserve my heart from perverse purposes and desires, in the name of Jesus
12. Lord God, let every lingering root of bitterness in my heart be uprooted by fire and blood of Jesus
13. Lord God may my heart be that “good ground” that gladly receives your Word to bear good fruits.
14. Lord, set me free and destroy the seed of unbelief that is still growing in me, in Jesus name
15. Lord God, forgive me for those times that I have been insensitive to the needs and feelings of others
16. Lord, forgive me for the times that I served and gave my time with murmuring in the house of the Lord
17. Lord, all men are equal in your eyes; forgive me for looking down on certain racial or ethnic groups
18. O Lord, purge my heart from the tendencies of leaning on my own understanding, in the name of Jesus
19. Lord may my heart not be closed or harden towards the ungodly and unbelieving of this evil generation
20. Lord may I be able to attain the TRULY meek and gentle Christian label, in the name of Jesus
21. O Lord, shield my heart from every evil arrow of fear, worries and anxieties, in the name of Jesus
22. Lord, help me to cultivate a heart of patience and self-control under all circumstances, in Jesus name
23. Lord, create in me a more loving, understanding and compassionate heart for people, in Jesus name
24. O Lord may I neither be passively aggressive nor openly rebellious against your servant, in Jesus name
25. Lord may I never be insincere or have a divided heart towards you nor my co-disciples, in Jesus name
26. O Lord may I love genuinely without any hint of hypocrisy and backbiting, in the name of Jesus
27. Lord may I never be puffed-up nor expect people to praise nor bow to me, no matter the help I rendered
28. O Lord may my heart with ease and humility always bow or submit to your will, in the name of Jesus
29. O Lord do not pass me by because of my prideful and arrogant heart, rather come and deliver me
30. Lord God, purge my heart from all forms of subtle manipulative tendencies, in the name of Jesus
31. Lord, show me my heart, as I examine myself: Can I say, ‘Yes Jesus rules in all my decisions’? When will my worldly lusts/desires die? Why do I still fight and get angry over things that I’ve no control over?

Fasting without intentional prayers is starvation!!

Pastor Leon, MZRF