# **MZRF MONTHLY FASTING**

Feb 20 – Feb 24, 2017

# My Heart-cry, "That I May Know Him"!!

As the hart (deer) panteth after the water brooks, so my soul after thee, O God. My soul thirsteth for God for the living God: When shall I come and appear before God?... That I may know him, and the power of his resurrection, and the fellowship of his sufferings, being made conformable unto his death; If by any means I might attain unto the resurrection of the dead. Not as though I had already attained, either were already perfect: but I follow after, if that I may apprehend that for which also I am apprehended of Christ Jesus. Brethren, I count not myself to have apprehended: but this one thing I do, forgetting those things which are behind, and reaching forth unto those things which are before, I press toward the mark for the prize of the high calling of God in Christ Jesus (Psalm 42:1-2 & Philippians 3:10-14)

# Fasting Days and Times:

Mon thru Fri: 6am – 3pm

#### **Assembly Times:**

Mon Thru Thurs (Church Prayer-line) 10pm Friday 7pm – 10pm Sunday: 9:30am – Noon

# **Examples of Heart-Cry for God**

#### Read and Reflect

Day 1: Jacob wrestles with God all night (Genesis 32)

Day 2: Moses desires to see God's glory (Exodus 33)

Day 3: Paul's desire to serve Christ (Philippians 3)

Day 4: Elisha determined to catch Elijah's mantle (2 Kings 2)

Day 5: Salvation of Zaccheus (Luke 19:1-10)

## **Prayer Points for the Pursuit of God**

If you don't feel strong desires for the manifestation of the glory of God, it is not because you have drunk deeply and are satisfied. It is because you have nibbled so long at the table of the world. Your soul is stuffed with small things, and there is no room for the great. **John Piper** 

- 1. Lord God, forgive me for creating and having other unknown gods in my life, in the name of Jesus.
- 2. Lord I am ashamed to confess of my lack of all-out passion for you, in the name of Jesus
- 3. O Lord forgive the pride of my heart thinking that my soul has "drunk deeply" whereas I nibble for your glory
- 4. Lord, I humbly confess that there have been countless times when I chose things or people over you
- 5. O Lord, I am ashamed for the amount of time that I spend in my daily pursuits and crowding you out of my day
- 6. O Lord, I desperately want to know you more than ever during this fasting and beyond, in the name of Jesus

- 7. Lord God may you take away anything in my life that is competing with you, in the name of Jesus
- 8. O Lord, I pray thee, show me how shallow my desire is to "dwell in the secret place of the Most-High".
- 9. Lord may I die to all worldly pleasures and pursuits. Awake in me that first love I had for you in Jesus name
- 10. Lord may any evil garment of busybody that is on me roast by fire of the Holy Ghost, in the name Jesus
- 11. Lord your ways are excellent and my ways are deceitful; therefore, teach me your ways in Jesus name
- 12. Lord, today, I release and separate myself from lukewarm and no prayer-life Christian friends, in Jesus name
- 13. Lord may my personal ambition or self-interest never be bigger than your kingdom business, in Jesus name
- 14. Lord, to whom shall I turn to, except thou alone; therefore, come into my heart this very hour and abide forever
- 15. Lord God, as I call upon you daily may you reveal more of your power and thy glory to me, in the name of Jesus
- 16. Lord, except you lead and guide, I am lost without you. Lead, O Lord, and I will follow, in the name of Jesus
- 17. "When thou sadist, seek ye my face; my heart said unto thee, (nothing but) thy face, (alone) Lord will I seek"
- 18. Lord God as you increase in me may I completely decrease and disappear, in the name of Jesus
- 19. Lord God, I am determined that Christ must be honored and glorified in my life every day, in the name of Jesus
- 20. O Lord, purge me for I know that I cannot hear clearly from you when my heart and soul are filled with negativity, pettiness and bitterness, in the name of Jesus.
- 21. Lord, cast out from my mind the idea that you will increase my passion for a fervent prayer-life without a determined personal effort and diligence on my part, in the name of Jesus
- 22. Lord God may you discipline me for my good that I may stay conformed to your image, in Jesus name
- 23. Lord God, whatever it takes, help me to always be on fire for you because I tend to easily fall away or yo-yo
- 24. Lord Jesus may I never become a hindrance or stumbling block to anyone who's passionately seeking to know and love you, in the name of Jesus
- 25. O Lord, your will for my life is not negotiable and may it not be just a cliché in the name of Jesus.
- 26. O Lord, as I give myself away to you may my desire to be used by you be greater than your willingness to use me in the name of Jesus.
- 27. O Lord may every demonic power assigned to diminish my devotion and commitment to you be "dashed in pieces"
- 28. Spiritual heaviness and dryness manifesting in my life, your time is up break and scatter by fire, in Jesus name
- 29. Lord God I cut off by fire the slightest tug or pull of worldliness in my life, in the name of Jesus
- 30. Lord Jesus may "I die daily" like Paul in the name of Jesus Christ my Lord and Savior, Amen!!!

## Fasting without intentional prayer is starvation!

## Pastor Leon, MZRF